

# RecreationOakland

## Intro

All open source and no play makes Jack a dull committer...

For a few years now, we've been putting together fun things to do for recreation in the AC cities.

This year, the Marriott has done a fair amount of the work for us up front, so check out [http://oaklandcvb.com/visiting\\_sports\\_recreation.cfm](http://oaklandcvb.com/visiting_sports_recreation.cfm)

## Running

As always, there are a fair number of runners at AC. If you are interested in running, add your name, contact email, distance, and preferred times below:

1. Grant Ingersoll, gsingers@a.o, 3-6 miles, morning (7am?)
2. Jean-Frederic Clere, jfclere@apache.org, 6-8kms, morning (7am?)
3. Rainer Jung, rjung@apache.org, 5-8 km, before breakfast (~ 7am?)
4. Yegor Kozlov, yegor@apache.org, 5-10 km, morning (7am)

We meet at the lobby at 7am and run to Lake Merritt, around it and back to the hotel (~7kms / 50 minutes run)

## Rock Climbing

Obviously, there is a lot to be had outdoors in CA, but there is also a gym that isn't too far away: Berkeley Iron Works <http://www.touchstoneclimbing.com/> ([http://maps.google.com/maps?f=q&source=s\\_q&hl=en&geocode=&q=Oakland+rock+climbing+gym&sll=37.964907,-122.053127&sspn=0.406008,0.741577&gl=us&ie=UTF8&hq=rock+climbing+gym&hnear=Oakland,+CA&ll=37.808869,-122.272596&spn=0.024582,0.046349&z=15&iwloc=B](http://maps.google.com/maps?f=q&source=s_q&hl=en&geocode=&q=Oakland+rock+climbing+gym&sll=37.964907,-122.053127&sspn=0.406008,0.741577&gl=us&ie=UTF8&hq=rock+climbing+gym&hnear=Oakland,+CA&ll=37.808869,-122.272596&spn=0.024582,0.046349&z=15&iwloc=B))

Tilden Park in Berkeley offers some good outdoor bouldering. See <http://maps.google.com/maps/place?oe=utf-8&rls=org.mozilla:en-US:official&client=firefox-a&um=1&ie=UTF-8&q=tilden+park+berkeley+ca&fb=1&gl=us&hq=Tilden+Park&hnear=Tilden+Park&cid=11807705394983064033>

## Cycling

Again, probably better cycling in the surrounding area than anywhere near the hotel, but maybe some locals can add their info.

## Ice Skating

Oakland Ice <http://www.oaklandice.com/index2.html>, they have an air hockey table. Hours vary.

## Evening Recreation

Singing Piano Bar - Rod Dibble is an Oakland staple. You can sing standards with him at The Alley, which is a swift taxi ride away from downtown.

Grand Lake Theater - <http://www.renaissancerialto.com/> Old school theater, beautiful building.